



**ELDRED CENTRAL
SCHOOL DISTRICT
SCHOOL MENU
April 2019
High School Menu**

Breakfast Menu


Sausage and Cheese Bagel
Egg and Cheese Bagel
Whole Grain Bagels/Cereal

Menu Subject to Change:

7-8 must have 1/2 cup of fruit
3/4 cup of vegetables
9-12 Must be 1cup fruit & Veg.
Full Lunch: \$2.75
Reduced \$0.25
Free \$0.00

Daily Sandwiches per request

Monday: Ham & Cheese
Tuesday: Salami & Cheese
Wednesday: Turkey
Thursday: Bologna
Friday: Tuna or Egg Salad
Chef Salads/Pizza

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| <p>Mon. April 1st W.G. Chicken Nuggets W. G. Brown Rice/Corn Assorted Dipping Sauce Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Tues. April 2nd Hot Dog on W.G. Bun Sauerkraut/Baked Beans Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Wed. April 3rd Baked Chicken W.G. Brown Rice/Broccoli Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Thurs. April 4th Pasta with Meat Sauce Carrots Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Fri. April 5th Cheese/Pepp. Pizza Egg Salad Sand. Green Beans Fresh Fruit Low Fat Milk Choices</p> |
| <p>Mon. April 8th Toasted Cheese Melt Tomato Soup Green Beans Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Tues. April 9th Cheeseburger/Hamburger Lett./Tom./Oven Fries Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Wed. April 10th Baked Chicken W.G. Brown Rice/Broccoli Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Thurs. April 11th Soft Shelled Tacos Lett./Tom Bean Salad Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Fri. April 12th School Closed Spring Break</p> |
| <p>Mon. April 15th School Closed Spring Break</p> |  | | | <p>Fri. April 19th School Closed Spring Break</p> |
| <p>Mon. April 22nd School Closed Spring Break</p> | <p>Tues. April 23rd School Closed Conference Day</p> | <p>Wed. April 24th Baked Chicken W.G. Brown Rice/Brocc. Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Thurs. April 25th Meatball Hero Carrots Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Fri. April 26th Cheese/Pepp. Pizza Tuna Salad Sand./Corn Fresh or Chilled Fruit Low Fat Milk Choices</p> |
| <p>Mon. April 29th Chicken Faj. Wrap Lett./Tomato Bean Salad Fresh or Chilled Fruit Low Fat Milk Choices</p> | <p>Tues. April 30th W.G. Chicken Nuggets W.G. Brown Rice/Corn Assorted Dipping Sauces Fresh or Chilled Fruit Low Fat Milk Choices</p> | | | |

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